

4/9/2019 - Minutes

I. CALL TO ORDER

Present: Peter Nordberg, Irene Leddy, Sheila Jones, Fran Lamb, Johanna Reagan, Susan McCarthy, Bob Newton, Friends of Pepperell Seniors

The meeting was called to order by Peter Nordberg at 6:03 p.m. at the Town Hall Conference Room A.

II. ACCEPTANCE OF MINUTES

A motion was made by Fran Lamb to accept the minutes of the last meeting (March 2019). Motion seconded by Johanna Reagan. Seconded the motion all in favor.

III. SIGN VOUCHERS

Vouchers signed

IV. OLD BUSINESS/NEW BUSINESS

Activities Report: Fran Lamb made a motion to accept the Activities report, Irene Leddy seconded the motion. All in favor.

Volunteer Report by Dianna Homoleski: Sheila Jones made a motion to accept the Volunteer report. Irene Leddy seconded the report, all in favor.

Outreach Report by Michelle Ross. Fran Lamb made a motion to accept the outreach report, Johanna seconded the motion, all in favor.

Upcoming report – Irene Leddy made a motion to accept the report, Fran Lamb seconded the motion. All in favor

IV.1. Directors Report

Semi-Annual Cleaning - Kitchen requirements and completed by outsourced vendor. We have the hood done every 6 months.

St. Patrick's Day Thanks - Hearty thank you to the Pepperell Cultural Council for sponsoring Glen Shane – the event was wonderful! A great big thank you to the Friends of the Pepperell Seniors for the corned beef.

Cycle for Seniors - We have the 3 recumbent bikes in house and will soon be setting them up in the library. These bikes are the result of a grant from the Community Foundation of North Central Mass. And the Greater Lowell Community Foundation. My hope is to get participants that cannot do the classes or are just watching T.V. to move. Part of our job is to keep people healthy and active. Exercise should be a part of all our lives. A discussion took place regarding the time period for a person to be on the Cycles.

Pickle Ball - All the equipment is here! This is the result of a grant from the Nashoba Valley Medical Center. Our start date is April 22 at 3:00. This is a very popular game in many centers. See attached hand out. First class for Pickle Ball will be about the rules.

Spa Day - Another successful Spa Day – thank you to all the folks who helped, Ricky Reilly, Ann Sarsfield and Jackie Southworth in particular. All these special ladies volunteered their time to pamper and relax the people and they are just amazing.

Bernadette's counseling - New Alzheimer's and Dementia counseling we are having. In addition to the help her program is providing; by having the meetings here at the center; we've noticed the families have discovered the other value and services here at the center.

Pepperell Save Return Project- Michelle Ross has researched area towns programs and partnering with Pepperell Police we are about to launch our own program. Look for a safety day Friday, June 7th. We will reintroduce yellow dot, file of life and launch this Safe return program and we have a few other surprises up our sleeves. Over 100 emergencies prepare cards put into system. More to enter into system.

Hello Dolly Tea - A generous resident, Tony Mariano donated his mother's beautiful porcelain doll collection to our center. He entrusted us to find just the right homes for these dolls that his mother cherished. We put our heads together and decided to have a raffle that will raise funds for the nonprofit group The Friends of the Pepperell Seniors!

So, grab your favorite hat or fastener and your best dress and stop by for a spot of tea. Please invite your grandchildren, neighbors, friends and relatives to this fundraiser. The dolls will be on display more tickets can be purchased at the tea. Sign up Today!

Discussion regarding Director's report:

Bob Newton suggested that we put dots on the inside of the car, as with whether, dot sometimes gets lost. Susan indicated that Michelle is already on top of that. Someone donated dots to go on the inside of the car.

Sheila Jones made a motion to accept the Directors' report, Fran Lamb seconded the motion, all in favor.

IV.2. Friends Report

March 13, we celebrated St. Patrick's Day at the Senior Center. The Friends once again bought the Corned Beef for this event. \$4.00 for a meal like we had is a steal. We thank Dennis, our great chef, for all the work he did in preparing this meal. We also thank all who served, peeled veggies and helped in any way.

The Friends paid for home consultation on dementia in the month of March.

The Friends have voted to support more senior housing, more transportation for seniors and amendment to the Town Charter to have Town meetings on Saturdays in the afternoon. Seniors have trouble driving at night and a change would give more Seniors to be involved in decisions of the town.

A discussion took place regarding transportation for seniors.

Peter asked Bob if he could get a group together to formalized some of the issues regarding transportation and Sr. housing. Bob indicated that he would see if he could do this.

Irene Leddy made a motion to accept the report, Sheila Jones 2nd the motion. Motion passed.

V. Other Matters That May Arise That The Chair Didn't Reasonably Anticipate

Bob Newman asked what it means to be level funded, Susan explained that it means to be the same every year.

Sheila Jones asked if all policies are being followed and if any needed updating. Susan assured that policies were being followed and none needed updating.

VI. COMMENTS

VII. NEXT MEETING

Next Meeting will be held on May 14, 2019 6:00 at the town Hall

VIII. ADJOURNMENT

Joanne made a motion to adjourn the meeting. Fran 2nd. Motion passed Meeting adjourned at 6:46 p.m.

Respectfully submitted by Sheila Jones Council on Aging, Secretary