

5/14/2019 - Minutes

I. CALL TO ORDER

Present: Peter Nordberg, Sheila Jones, Fran Lamb, Johanna Reagan, Susan McCarthy, Bob Newton, Friends of Pepperell Seniors

The meeting was called to order by Peter Nordberg at 6:00 p.m. at the Town Hall Conference Room B.

II. ACCEPTANCE OF MINUTES

A motion was made by Fran Lamb to accept the minutes of the last meeting (May 2019). Motion seconded by Johanna Reagan all in favor.

III. SIGN VOUCHERS

Vouchers signed

IV. OLD BUSINESS/NEW BUSINESS

Activities report – Fran Lamb made a motion to accept the Activities report, Johanna Reagan seconded the motion. All in favor.

Volunteer Report by Dianna Homoleski: Fran Lamb made a motion to accept the Volunteer report Johanna Reagan seconded the report, all in favor.

Outreach Report by Michelle Ross - Johanna Reagan made a motion to accept the outreach report, Sheila Jones seconded the motion, all in favor.

Upcoming report – Peter Nordberg discussed the fantastic demonstration he attended on pottery/poetry. We obtained a grant from the Pepperell Cultural Council and had a great presentation

IV.1. Directors Report

Choose to Lose: Huge success! The program has been completed and everyone earned a certificate. Special thanks to the Greater Lowell Community Foundation and the Community Foundation of North Central Mass for giving us that \$7,000 grant. It was money well used. I am finishing up the exit report I must do for a grant that size. It was very successful.

Grant received: The Committee for the Future of Aging, awarded us a grant focused on simple healthy meal prep. Started today! It is a monthly program that is filmed for the Cable TV Show to help folks prepare foods both economically, efficiently and healthy.

Pickle Ball has started: Pickle Ball is huge in Florida and many other places. We don't have enough room in our building for Pickle Ball, hence we are moving over the Peter Fitz and playing twice a week on Mondays and Wednesday from 2-4. These times are different than what we printed in the newsletter.

Recumbent Bikes are set up: Soon we'll have a tracking system in place to start. Special thanks to the Greater Lowell Community Foundation and the Community Foundation of North Central Mass. Also, a shout out to Jim Casserly who put the bikes together for us.

Hello Dolly Tea: Big success for The Friends. I am sure Bob Newton will share more specifics in his

report tonight.

Fabulous Performer: On April 26th Dan Kerouac performed at the Center and it was wonderful! Thanks to the Pepperell Cultural Council for sponsoring Dan!

Met with Margaret Scarsdale: Had a productive meeting with our newest Selectperson. Margaret is excited to help and talked more specifically about helping secure grants for us! Looking forward to the partnership.

Tai Chi: is going very well. There were 10 people in the class last Saturday. Wonderful to see that kind of engagement and interest!

Don't Forget: May 15th there is party for Chief Toby Tyler at 11:30!!! Drop by to say thank you and goodbye. Our Memorial Day Ceremony is on May 22nd starting at 11:30 as well. Also, this Thursday evening we have a fantastic performer coming to the center thanks to the Pepperell Cultural Council. Her name is Sista Dee and she is an award-winning steel drum player. Sign up is required. The show is free to the public, the meal is \$5.00 and there is still room to sign up!

Sheila Jones made a motion to accept the Directors report, Fran Lamb seconded the motion, all in favor.

IV.2. Friends Report

The friends of the Pepperell Seniors have a program called the "Lend a Hand" program. We helped a Senior by purchasing the prescribed drinks needed for improved health. We are paying for in-home consultation for those who are concerned and coping with dementia. We have \$1200 set aside for that purpose.

We are planning for 4th of July parade and car show in July. Also, the Memorial Day Celebration Susan talked about. We want to participate as these are important fund-raising events.

Johanna Reagan asked about the date of the Car Show. It will be held on July 24th. Instead of the dunk tank we are going to do "Pie in the Face".

Joanna Reagan made a motion to accept the Friends report, Sheila seconded the motion, all in favor.

V. Other Matters That May Arise That The Chair Didn't Reasonably Anticipate

Margaret Scarsdale

Our new selectperson, Margaret Scarsdale attended our meeting and was asked to sit in on our group. Margaret spoke about the override elections that had taken place and the fact that the override did go through. She spoke how it is good in some ways but not so good in other ways as for people who are already on a tight budget and can't afford anything else. A discussion took place regarding why we needed the override and how everyone is looking ahead to next year, and what they might be able to do so we don't run into the same situation.

VI. COMMENTS

VII. NEXT MEETING

Next Meeting will be held on June 11, 2019 6:00 at the town Hall

VIII. ADJOURNMENT

Fran Lamb made a motion to adjourn the meeting. Sheila Jones seconded the motion. Motion passed
Meeting adjourned at 6:46 p.m.

Respectfully submitted by Sheila Jones Council on Aging, Secretary