

**June 11, 2019 Minutes**  
Pepperell Council on Aging

**I. CALL TO ORDER**

Present: Peter Nordberg, Susan McCarthy, Fran Lamb, Phil Durno, Joanna Reagan

The meeting was called to order by Peter Nordberg at 6:07pm(?) at the Pepperell Town Hall

**II. ACCEPTANCE OF MINUTES**

A motion was made by Fran Lamb to accept the minutes of the May 2019 meeting. Motion was seconded by Joanna Reagan. Phil Durno commented that he was not at the May meeting so would abstain. The Minutes were approved by Joanna Reagan, Fran Lamb and Peter Nordberg and the Motion carried.

**III. Director's Report** by Susan McCarthy for June 2019

*Schools:* Susan met with the Superintendent of Schools and with local COA Directors and Brad Morgan. Special \$25 discount cards for the year are being provided to the Seniors, but they must sign up for the cards and will also receive a free shopping bag. We would like to have a student on the COA board and also be able to leverage the school's media department.

*Transportation:* Susan met with the Dunstable COA Director to discuss possible cooperation between our towns.

*Sister Dee:* There was a good turnout of about 70 people for this popular event and Susan expressed her thanks to the Pepperell Cultural Council for sponsoring the event.

*Board Membership:* Susan reported that she is now on the Nashoba Valley Medical Center Council (NVMCC) and PACH board. Both boards offer opportunities for the seniors and for community engagement. The NVMCC is interested in becoming dementia friendly. Susan is excited to be on both boards.

*Garden Club:* The plant sale was a great success. Susan expressed her thanks for all the hard work done by the club at the senior center and around the town. If anyone is interested in their own garden, they should sign up at the Senior Center. Joanna commented that the Garden Club are getting low on dirt.

*Tracy Izzio:* Susan expressed her thanks to Tracy for giving her time and expertise in discussing medical costs and for participating in the Parkinson's Support Group.

*Econo Bikes:* These are generating a lot of excitement. Waivers are being signed and everyone is very happy to be able to use the bikes.

*Memorial Day:* There were approximately 80 attendees for the Memorial Day Service. Susan said thanks to the VFW, State Representative Sheila Harrington, for sponsoring the breakfast and to Town Administrator, Andrew MacLean for their support and thanks to her husband and son for singing at the ceremony.

*Howie Newman:* On Monday, June 12 at 12:45pm, Howie Newman will be performing music from the 50's, 60's and 70's at the Senior Center. He is being sponsored by the Cultural Council. The usual \$3.00 lunch will be served at noon, followed by the performance at 12:45pm. No sign up is required.

*Art Show & 90's Tea Party:* These two activities are being combined on Sunday, June 23 at 2:00pm. The Sir William's Chorus will be performing some old commercials, which should be very entertaining.

*Antique Appraiser:* On Friday, June 28 from 10:00am until 11:30am, an antique appraiser will be coming to the center. No sign up is required.

*Mass. State Bar Attorney:* On Friday, July 12 a representative from the Massachusetts State Bar will be coming to discuss protecting your home and assets.

*Car Show:* On Wednesday, July 24 we will be holding our annual Car Show.

*Rockin' Lobster Party:* On Thursday, August 22 we will be holding our annual Rockin' Lobster Party.

A Motion to accept the Director's Report was made by Joanna Reagan and seconded by Phil Durno. The motion was carried unanimously.

IV. **Friends of Pepperell Seniors:** by Robert Newton, President

Lend a Hand is still active and we have paid for 5 in home visits to those affected with Dementia.

We will be closing for the Summer months to prepare for the Car Show.

We will be sponsoring July 4 activity, but do not have a date set yet.

In August we will be paying for the cleaning of the floors, which is a major expense, but is important for their upkeep.

Another pizza party is being planned at no cost to the seniors. The date is yet to be decided.

A Motion was made by Fran Lamb to accept the minutes and seconded by Joanna Reagan. The Motion was carried unanimously.

V. **Activities Report:** prepared by Cheryl Balkan

The report was reviewed. Peter Nordberg commented on how active the Senior Center is and congratulated the Director and team.

Susan commented on how everyone was having so much fun playing pickleball, which was being played every Monday and Wednesday from 2:00pm-4:00pm.

Susan also commented on how popular the international folk dancing had become and what a great job Nancy Lebdinski (spelling?) was doing.

Phil Durno made a Motion to accept the report and it was seconded by Fran Lamb. The Motion was passed unanimously.

VI: **Volunteer Report:** prepared by Dianna Homoleski

The report was reviewed and Fran Lamb commented on how many new volunteers were joining. Congratulations are due to Dianna Homoleski for her energy and enthusiasm.

Joanna Reagan motioned to accept the report and Phil Durno seconded. The motion carried unanimously.

**VII: Outreach Report:**

The report was reviewed and Fran Lamb commented on the generosity of Macy Systems sponsoring the monthly birthday cake for the whole year.

Fran Lamb motioned to accept the report and Joanna Reagan seconded the motion. The motion was accepted unanimously.

**VIII. Upcoming Events:**

These are listed on the Activities Report and were reviewed.

Susan commented on how keen Andrew, who runs the Tai Chi class is and said that she had interviewed him for the next Center Stage, possibly Episode 9, and he talked about how good Tai Chi is for you.

Phil Durno motioned to accept the report and it was seconded by Fran Lamb. The motion was accepted unanimously.

**IX. Other Matters:**

Phil Durno asked if people using the Econo Bikes were signing waivers and Susan confirmed waivers were being signed for this and also for the pickleball.

**IX. NEXT MEETING:**

Peter Nordberg commented that generally meetings are not held in July and August due to the difficulty in having a quorum. It was therefore suggested that the next meeting be held on Tuesday, September 10, 2019 AT 6pm at Town Hall.

Phil Durno motioned to accept and Joanna Reagan seconded the motion. The motion was accepted unanimously.

**X. ADJOURNMENT:**

Joanna Reagan made a motion to adjourn the meeting. Phil Durno seconded the motion. The motion passed and the meeting adjourned at 6:36pm.

Respectfully submitted by

Susan McCarthy, Director of Council on Aging