



Safe Sitter



Location: Pepperell Place, 20 Mill St Suite 189
Phone: 978-433-0324

Instructor: Tom and Andrea Matthews and Kori Marshall
Email: Tom@rpmtrainingservices.com

Safe Sitter® is not just a class. It's a cause. The only national training program devoted to preparing young pre-teens and teens to be safe in unsupervised settings, whether home alone, watching younger siblings, or babysitting. We provide medically-accurate, developmentally-appropriate, and regularly updated curriculum. Safe Sitter 1 day with CPR is a 5hr curriculum that includes CPR. Safe Sitter without CPR curriculum 4hrs. The business sections are condensed to include infant and child CPR. It also includes Child care essentials, safety for the sitter, injury management (first aid), preventing problem behavior and care of the Choking Infant and Child.

Class	Instructor	Date / Time	Cost	Check Class Attending
Safe Sitter <i>with</i> CPR curriculum 6.5hrs	Andrea Matthews and Kori Marshall	Sunday November 24, 2019 9am – 2pm	\$115	
Safe Sitter with CPR curriculum 6.5hrs		Sunday December 15, 2019 9am – 2pm	\$115	
Safe Sitter with CPR curriculum 6.5hrs				

Maximum Class size is 14 students.

No Cell phones are allowed during class instruction, only during break times.

PARTICIPANT INFORMATION

Name: _____ Age _____ Sex: M F

Date of Birth _____ Allergies: _____

Street Address: _____ Town: _____ Zip: _____

Home Phone: _____ Work/Cell: _____

E-mail: _____

Emergency Contact Name _____ Phone: _____

Pepperell Recreation does not discriminate on the basis of race, religion, nationality or ethnic origin in all of its programs and/or policies. We reserve the right to dismiss any individual from a program if behavior is deemed inappropriate and corrective action is not taken.

I hereby give my permission for myself/my child(ren) to participate in Pepperell Recreation’s Course offering. I am aware of and assume all risks and hazards incidental to such participation, and I hereby waive, release and agree to hold harmless the Town of Pepperell, its Recreation Department, sponsors, volunteers and staff for any claim arising out of injury to myself or my child or property damage that might occur. In the event that I’m unable to be contacted in any emergency, I hereby give permission to the Town of Pepperell Recreation Department to hospitalize and/or secure proper medical treatment for myself or my child.

Signature: _____ Date: _____

PLEASE RETURN COMPLETED FORM WITH PAYMENT (make checks payable to Town of Pepperell) TO:
PEPPERELL RECREATION * TOWN HALL * ONE MAIN STREET * PEPPERELL, MA * 01463

Paid: \$ _____ Check #: _____ Date & Initials: _____

This is not a school sponsored event

Safe Sitter® Teaching Site and now offers the comprehensive training program for young teens (11 and up). Over 650,000 graduates have completed the course at hundreds of cities across the country. Graduates are able to handle emergencies when caring for younger children and are equally equipped with the tools needed to stay home alone safely. Injuries are the leading cause of death in children up to age 5. Safe Sitter® is a well-rounded youth development program with a medical basis that aims to reduce the number of avoidable and unintentional deaths among children being cared for by young teens. The program follows American Heart Association standards for rescue skills as well as instruction in first aid techniques from the American Academy of Pediatrics. The nationally-recognized program was developed by Indianapolis pediatrician Dr. Patricia Keener after a colleague's toddler choked to death while in the care of an adult sitter who didn't know what actions to take. Students who complete the Safe Sitter® program gain confidence and learn how, why and where injuries can happen so they can be prevented. They are taught infant and child choking rescue and CPR in the 1-day SAFE SITTER with CPR. They also learn how a child's age affects how to care for them, how to prevent problem behavior, how to run their own babysitting business as well as issues of on-line and cell phone safety.

Tom Matthews and his family are residents of Pepperell. He works as firefighter/EMT for the Acton Fire Dept. with 19 years in the fire service and an EMT for over 19 years. He is an American Heart Association CPR, First Aid instructor and he also owns and operates T. Matthews² Enterprises as well as R.P.M. Training Services.

Andrea Matthews obtained her American Heart Association BLS instructor Certification and her SAFE SITTER Certification in 2018. She went to school for Early childhood education and dental assisting. She works as a dental assistant. She runs the SAFE SITTER classes for R.P.M. Training Services.

Kori Marshall obtained her American Heart Association BLS instructor Certification and her SAFE SITTER Certification in 2018. She went to school for child education. She ran her own day care for a number of years. She currently works as a bank teller for a local bank. She also runs the SAFE SITTER classes for R.P.M. Training Services.